

Rebuilding the Bridge

Rediscovering belonging, purpose, and community through intentional reconnection.

Encouragementology®
the practice of instilling hope

REFLECTION

Looking back over the past five days, what have I learned about my relationship to connection — and what am I ready to do next?

- What awareness has surprised me or stood out the most?
- What small commitment feels sustainable moving forward?
- How will I remind myself to stay connected to my community and my purpose?

