

## “OUD Programs and Urine Drug Screening: Impact on Treatment Retention”

### Episode Overview

This episode focuses on how clinics handle urine drug screening in their effort to tackle treatment for opioid use disorder (OUD).



- OUD treatment providers exercise a range of choice regarding how and when they use urine drug screening practices.
- Research suggests that patients view urine tests as stigmatizing, but little research has examined the relationship between being given a drug test and remaining in treatment.

### TAKEAWAYS

- ✓ Clinics with more frequent random or observed urine drug screenings had lower patient retention rates.
- ✓ There is a need for more person-centered approaches in opioid treatment programs (i.e., focuses more on the person going through the treatment and their needs) to provide the best chance that individuals going through treatment will remain in treatment and live better lives.